

## PAIN MEDICATION POLICY

We have created this policy to assist in assuring that our patients receive the best care possible, and we appreciate your assistance in enforcing it. Oral surgical procedures are typically met with some degree of postoperative discomfort. It is important for you to understand the policy on opiate pain medication, which follows guidelines set forth by the Center for Disease Control, the American Dental Association, and the American Association of Oral and Maxillofacial Surgeons.

These guidelines include the following:

- Each patient treated by the office is screened using the Hawaii State Prescription Drug Monitoring Program to obtain their history of narcotic and controlled drug prescriptions
  - For all procedures Nonsteroidal anti-inflammatory drugs and Tylenol are recommended as first-line pain control if there is no medical contraindication. These may be used together according to their proper schedule (not exceeding 3200mg of Motrin/ibuprofen/Advil and 3000mg of acetaminophen/Tylenol). Be mindful that drinking alcohol is contraindicated while taking these medications.
- If opiates (ex: oxycodone/Norco) are prescribed, they must be taken as prescribed. Refills are not authorized over the phone and must be received at an office visit, as a written prescription or be sent via an e-prescription (electronically send the prescription directly to the pharmacy). An office visit to evaluate pain alone does not constitute justification for an extended prescription. Your condition must meet specific criteria to determine a medical necessity for an extended prescription.
- Patients on sedative medications such as Xanax, Valium, Gabapentin, or Trazadone must discuss their plans for dental surgery with the doctor prescribing this medication. Any opiate prescription for your post-operative pain medicine must be obtained from that physician. Our office will be available to discuss treatment plans with your prescribing doctor but will not prescribe opiate pain medications regardless of any instruction or authorization from them to do so.
- Patients taking opiates or medications such as Tramadol for chronic pain must discuss their plans for dental surgery with their prescribing doctor. Any opiate prescription for your post-operative pain medicine must be obtained from that physician. Our office will be available to discuss treatment plans with your prescribing Doctor but will not prescribe opiate pain medications regardless of any instruction or authorization from them to do so.
- Patients taking medications for recovery from opiate use such as Suboxone, Zubsolv, or Methadone must discuss their plans for dental surgery with their prescribing doctor. Any opiate prescription for your post-operative pain medicine must be obtained from that physician. Our office will be available to discuss treatment plans with your prescribing Doctor but will not prescribe opiate pain medications regardless of any instruction or authorization from them to do so.